

BEFORE FIRST AID

1. Ground yourself
2. Size up the Scene & Safety
3. **MOI - Mechanism Of Injury**
4. **BSI - Body Substance Isolation**
5. Get consent - informed or implied
6. Evacuate (as needed)

Riot Medicine

Street Medics' Checklist

Calm - Consent - Privacy



Made by Aktivistisk Första Hjälp

RE-EVALUATE

1. Size up the Scene & Safety
2. Are there others injured who are in need of medical assistance?
3. Evacuate (as needed)

PRIMARY ASSESSMENT

Immobilize C-Spine (as needed)

ABCDE
Airway
Breathing
Circulation
Disabilities
Examine/Expose

SECONDARY ASSESSMENT

Take notes

Head-to-Toe Examination

1. Head to Neck
2. Shoulders and Chest
3. Abdomen
4. Back
5. Arms and Legs

CSM
Circulation
Sensation
Motion

Vital Signs

1. Respiration (RR, effort, depth, noise, odor)
2. Circulation (BPM, BP, SpO₂)
3. **LOC - Level of Consciousness**

AVPU

A+Ox0-4 (name, place, time, event)

Verbal stimuli
Painful stimuli
Unresponsive

SCTM

Skin Color
Temperature
Moisture

5. Pupils

DIAGNOSIS AND TREATMENT

1. What kills the patient first?
2. See *Riot Medicine: Field Guide* for guidance

DISCHARGING THE PATIENT

1. Evacuate (as needed)
2. Stay with the patient if further care is necessary, until their arrival
3. Give advice on aftercare and risks of not seeking further care (as needed)

CALLING EMS

Only **MEDICAL** personnel are bound by confidentiality, so **DO NOT** give the **OPERATOR** incriminating information

1. Nature of Emergency
2. Exact Location
3. Callback Number
4. Your Qualifications
5. Details on the Patient

Stay on the line, and expect police

Medical History

SAMPLE
Signs and Symptoms (OPQRST)
Allergies
Medication
Past history
Last oral intake
Events

OPQRST
Onsset
Provokes/Palliates
Quality
Region/Radiation
Severity
Time